Wilkes University's Biennial Review
(in partial fulfillment of compliance with the Drug-Free Schools and Communities Act and Drug and Alcohol Abuse Prevention Regulations)

2010-2011 2011-2012

Student

Stimulated me to reflect on my personal attitudes and behaviors:

the Office of Health and Wellness has worked with Athletic staff to jointly sponsor alcohol education programs which most recently included Mike Green during the 2011-12 academic year.

Off-Campus/Neighborhood Population

For several years the University has employed off-duty Wilkes-Barre police officers to patrol areas in heavily student populated areas to serve in an enforcement capacity and as a deterrent to students traveling to and from apartments where parties are present. Assessment data (AlcoholEdu and conduct stat

The primary community services in which student referrals are made include:

Clearbrook, Inc. (inpatient) 570-823-1171 or 800-582-6241

1100 E. Northampton Street, Wilkes-Barre, PA 18706

Marworth (inpatient) 800 442.7722

Lily Lake Road

Waverly, PA 18471-7736

Wyoming Valley Alcohol and Drug Services, Inc.

570-820-8888

North Main Street

Wilkes-Barre, PA 18704

Other resources including Community Counseling and a host of private psychologists and psychiatrists are available to students based on individual needs and circumstances.

Academic Program Specific Information

The School of Pharmacy (includes those in the nursing program) has adopted procedures to encourage students who display risk factors for substance abuse to obtain the needed treatment in order to complete their professional education. Participation in the recovery program will require that individuals who are impaired agree to undergo a professional evaluation, agree to enter and participate in a treatmogr.

2011-2012

During the academic year 84 students were involved with alcohol infractions and 6 students violated the University's drug policy. Sanctioning was consistent with published policies. CHOICES (education class) classes were offered monthly by a trained counselor. The PALCB grant was renewed through July, 2012. Drug and alcohol policies were reviewed and "in the presence of alcohol" saw a fine decrease based on circumstances.

EFFECTIVENESS

Based on assessment data (AlcoholEdu, satisfaction surveys, program participation rates, freshmen to sophomore retention rate) targeting freshmen appears to be effective. For example, from 2008 to 2011 the percentage of moderate and high risk drinkers among first year students dropped from 40% to 29%. The national average among first year students is 44% (Everfi, 2011). Freshman to sophomore retention rates have improved 77.9% in 2007 to over 82% in 2011. The number of alcohol related student conduct offenses decreased from 107 in 2009 to 65 in 2011 (calendar year statistics as reported in For Your Safety publications). The annual Residence Hall Survey indicates that 93.7%(2010) and 96.2%(2011) agreed, or strongly agreed, that policies were clearly explained and fairly enforced.

STRENGTHS

- New students receive a thorough orientation to drug and alcohol issues through new student orientation, an online assessment, and targeted prevention programs throughout the academic year.
- Through the *Student Handbook*, access to information pertaining to all drug and alcohol issues (i.e. risks, regulations, treatment) is clearly provided.
- A variety of well-rounded events and activities exists for students to engage in a substance free lifestyle
- Assessment opportunities exist to measure program effectiveness and a governance structure is in place to strategically respond to trends through changes in policies and programs.
- The overwhelming majority of extra-curricular activities are substance free. Those few activities where alcohol is present (i.e. off campus dances, alumni sponsored events) professional bar tenders are used to insure compliance with the law and avoid abuse.

WEAKNESSES

- Non-traditional and graduate students need better delivery methods of drug and alcohol information.
- Off campus student population needs additional attention in terms of program planning and awareness as this continues to be the greatest vulnerability according to assessment data.

RECOMMENDATIONS

- Better populate the Wilkes website, in strategic areas, with comprehensive prevention program information.
- Closely monitor the effectiveness of the new MyStudentBody online course to see if it meets or exceeds expectations when compared to AlcoholEdu.
- Develop/expand database record keeping to include additional data for the purposes of identifying problem areas (selective prevention i.e. specific sports teams, academic programs, etc.).

Staff and Faculty Prevention Programs

Wilkes University is committed to maintaining a drug free workplace and regularly informs all employees about policies and available assistance with respect to drug and alcohol issues. Additionally, the Office of Human Resources co-sponsors an annual health fair open to all employees where dozens of community resources are available to raise awareness regarding a myriad of issues. Finally, staff and faculty are welcome to attend and participate in all student sponsored drug and alcohol programs and most extracurricular activities.

Drug-Free Workplace Policy

Wilkes University is committed to the maintenance of a drug-free environment in accordance with the Drug-Free Workplace Act of 1988, 34 CFR Part 85, and Part 86, the Drug and Alcohol Abuse Prevention Regulations and will not tolerate the unlawful possession and use of controlled substances on its premises. The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited in and on Wilkes University owned or controlled property by faculty, staff or student employees. An exception is made for alcohol at selected social events.

<u>Definitions</u> - The following terms are important for purposes of expressing the University's policy on a drug-free workplace:

A. <u>Controlled substance</u> means a controlled substance in schedules I through V of section 202 of the Controlled Substance Act (21 U.S.C. 812), as further defined by regulations at 21 CFR 1300.11

- H. <u>Grantee</u> means a legal entity which applies for or receives a grant or contract directly from a federal agency.
- I. <u>Illegal use of drugs</u> means the use of a controlled substance, as defined above.
- J. <u>Workplace</u> means the physical boundaries of the University and all University owned or controlled property.

POLICY

It is the policy of Wilkes University that the illegal manufacture, sale, distribution, dispensation, possession or use of drugs is prohibited on its premises. Sanctions imposed for violation of this policy are indicated below.

In support of this policy, the University:

A. Has available through the Employee Assistance Program (EAP) and the Counseling Center, therapeutic education and referrals to appropriate therapy programs dealing with drug abuse. The Human Resources department, as well as individual departments, will refer faculty and staff to the EAP or the

2. Implementation. Implementation of this policy is the responsibility of the Human Resources department.

Penalties for Violation of the Policy

The University policy prohibiting illegal drugs in the workplace is a protection of, and support for, the employees and students of Wilkes University. Therefore, any employee convicted of a drug offense occurring in the workplace will be subject to corrective action (up to and including suspension, suspension without pay, and/or termination) and may be required to satisfactorily participate in a drug abuse assistance or rehabilitation program as agreed upon between the employee and the Human Resources department. Further information concerning corrective actions and appropriate procedures are available from the Human Resources department.

Employee Assistance

Wilkes University and the Employee Assistance Program offer information on drug abuse assistance programs, individual counseling and referrals, and periodic educational programs on the dangers of drug abuse and managing drug related problems. Further information regarding these programs and services can be obtained from the EAP by calling 570-823-5144, or contacting Health and Wellness Services which has extensive resource materials and which sponsors many educational seminars, lectures and

APPENDIX A

Substance Abuse Taskforce

Gail Holby Coordinator, Health & Wellness

Diane O'Brien, Director, Health Services

Mark Allen, Dean of Students

Susan Biskup, Campus Counseling

Melissa Gaudio, Counselor, Campus Counseling

Gerald Rebo, Manager Safety & Security

Phil Miller, Safety & Security

Brian Langan, PA Liquor Control Enforcement

Jacob Biel, PA Liquor Control Enforcement

APPENDIX B

Drug-Free Schools and Communities Public Law 101-226

University regulations have consistently supported and recognized the concerns expressed in recent legislation regarding Drug Free Campuses and work places. Alcohol abuse and the use of illicit substances and drugs constitute obvious hazards to health, safety, and well-being

- 4. It is a misdemeanor to lawfully transfer a registration card for the purpose of falsifying age to secure alcoholic or malt beverages.
- 5. It is unlawful to misrepresent one's age to obtain alcoholic beverages or to represent to a liquor dealer that a minor is of age.

The University expects that all members of the University community be aware of these laws and of their responsibility for compliance with them. Members of the Students Affairs staff will, as a matter of routine, notify parents of students whose health or safety is endangered.

This includes, but is not limited to situations involving substance abuse.

Students should be aware of the following Wilkes-Barre city ordinances:

Assistance With Alcohol/Drug Abuse Problems

Resident Assistant, Public Safety or professional medical assistance. For his or her part in aiding the impaired individual, he or she will not be subject to formal University discipline for the occasion on which he or she gave assistance. This refers to isolated incidents only and does not excuse or protect those who flagrantly or repeatedly violate this policy.

Those who receive medical attention in these circumstances due to abuse of alcohol or illegal drugs will be immune from University disciplinary action concerning abuse for the initial offense. They will, however, be referred to the Counseling Center. The counselor will determine if further treatment is necessary. Failure to comply with the evaluation or treatment recommendations will result in full

Second Offense -

\$300 penalty charge, parental notification, and required assessment from an off campus professional regarding alcohol use (cost to be incurred by the individual).

Third Offense

Referral to Student Affairs Council

Hosting/Supplying -

\$250 penalty charge

Being in the Presence of Alcohol While Under the Age of Twenty-One –

\$100 penalty charge, parental notification, required alcohol education class

* other sanctions may be added to alcohol violations based on individual circumstances.

MyStudentBody

Contact:

members are no